

Richard P Petri, Jr., MD, FAAPMR, FAAIM

6301 La Posta Drive • El Paso, TX 79912 • +1 (915) 342-2088 Mobile • (915) 354-1950 Fax

richard@petrijr.com

rppetri@miners.utep.edu

richard.petri@i2h2.org

ORCID 0000-0002-5039-0110

OBJECTIVE

Obtain Ph.D. in Interdisciplinary Health Sciences. Develop the Institute of Integrative Health and Healing. Become a professor in integrative medicine at the local medical, nursing, and allied health science schools.

EDUCATION

Interdisciplinary Health Sciences, PhD Program, University of Texas at El Paso PhD Student	El Paso, TX Aug 2023 - Present
University of Arizona, Andrew Weil Center for Integrative Medicine Premium Alumni Review Course 2024	Tucson, AZ Sept 2022 - Present
University of Arizona, Andrew Weil Center for Integrative Medicine Fellowship	Tucson, AZ Aug 2020 - Sept 2022
Mind Body Medicine, Center for Mind-Body Medicine Mind Body Medical Practices	Washington, DC 2006 - 2008
University of Arizona Integrative Medicine Military Fellowship Program in Integrative Medicine Reviewer	Tucson, AZ 2004 - 2005
UCLA Helms Institute Medicine Acupuncture, Certificate	Los Angeles, CA Nov 2000 – Dec 2001
Walter Reed Army Medical Center Physical Medicine and Rehabilitation Resident	Washington, DC July 1996 - June 1999
William Beaumont Army Medical Center Orthopedic Resident	El Paso, TX July 1993 - January 1995
William Beaumont Army Medical Center Transitional Intern	El Paso, TX July 1991 - June 1992
Georgetown University School of Medicine Medical Doctorate	Washington, DC Aug 1987 – May 1991
University of Wisconsin-Madison Post Baccalaureate	Madison, WI Aug 1986 - May 1987
University of Wisconsin-Milwaukee (Part-time) Post Baccalaureate	Milwaukee, WI Jan 1981- May 1984
University of Wisconsin-Eau Claire, Chemistry Department BS Chemistry	Eau Claire, WI Aug 1976 - May 1980

MILITARY EDUCATION

Command and General Staff College Graduate, Honors, July 06 completion (ILE 1, 2, 3)
Advanced Officer's Course Constructive Credit April 2004

Basic Officer's Course, Fort Bragg, NC, May 1988 - July 1988

Health Professional Scholarship Program Recipient, Georgetown University, School of Medicine,
Washington, DC, May 1988 - June 1991

EXPERIENCE- CIVILIAN

The Institute for Integrative Health and Healing, PLLC CEO, Founder	El Paso, TX September 2019 – Present
Signify Health Locum Tenens	San Antonio, TX August 2019 - Present
Georgetown University Medical School Drug Tox Laboratory Analyst	Washington, DC September 1987 - May 1988
University of Wisconsin Department of Genetics Research Technician	Madison, WI June 1987- August 1987
University of Wisconsin Department of Athletics Tutoring Tutor, UW Football Team	Madison, WI August 1986 - August 1987
Downtown Fitness Center Trainer	Madison, WI January 1987 - May 1987
Diane's Inn Bartender	Milwaukee, WI May 1985 - August 1986
Blue Cross/Blue Shield United of Wisconsin Actuarial Technician	Milwaukee, WI March 1983 - August 1986
Medical College of Wisconsin Department of Gastroenterology Research Assistant	Milwaukee WI January 1983 - March 1983
Veteran's Administration Clinical Pharmacology Research Assistant	Milwaukee, WI May 1981 - January 1983
Shane's Harborview Busboy, Dishwasher, Waiter	Phillips, WI June 1972 - May 1975

EXPERIENCE- MILITARY

William Beaumont Army Medical Center, IDES Medical Board Impartial Medical Provider Reviewer/Physician	El Paso, TX 79920 October 2015 to February 2019
William Beaumont Army Medical Center, Department of Clinical Investigation Chief	El Paso, TX 79920 February 2016 to May 2016

Source Selection Evaluation Board Chairman	San Antonio, TX April 2015 to July 2015
Joint Incentive Fund Pain Education Project (JPEP) Education Curriculum Workgroup Subject Matter Expert (SME)	Washington, DC Sept 2014 to February 2019
NATO Task Force on Integrative Medicine Technical Team HFM-195 Chairman	El Paso, TX 79920 Sept 2013 to March 2017
William Beaumont Army Medical Center, Department of Clinical Investigations Scientific Reviewer	El Paso, TX Jul 2013 to February 2016
William Beaumont Army Medical Center, Office of the Commander Special Projects Officer	El Paso, TX Jul 2013 to February 2016
1st Armor Division Standing Board of Inquiry Member	Ft Bliss, TX Jun 2013 to May 2014
The Office of The Army Surgeon General Rehabilitation and Reintegration Division NICoE-Sat Work Group Member	Washington, D.C. November 2012 to Present
Joint Incentive Fund (JIF) Tiered Acupuncture Training Across Clinical Settings (ATACS) Department of Army Principal Representative	Washington, DC October 2012 to August 2016
US Army Medical Research and Materiel Command Clinical and Rehabilitative Medicine Research Program Pain Scientific Steering Committee Member	Frederick, MD July 2012 to May 2015
The Office of The Army Surgeon General Pain Management Working Group Intensive Outpatient Program Development Co-Chair	Washington, D.C. March 2012 to February 2019
The Office of The Army Surgeon General Pain Management Working Group RVU/Coding Subcommittee Co-Chair	Washington, D.C. March 2012 to February 2019
International Working Group on Yoga and Naturopathy, AYUSH Research Subcommittee	Bangalore, India February 2012 to February 2012
International Working Group on Yoga and Naturopathy, AYUSH United States Representative	Bangalore, India February 2012 to February 2012
William Beaumont Army Medical Center Director, Interdisciplinary Pain Management Center Department of Pain Management	El Paso, TX 79920 January 2012 to June 2013
William Beaumont Army Medical Center IACUC Board Member	El Paso, TX 79920 January 2012 to February 2016

William Beaumont Army Medical Center
Pain Champion El Paso, TX 79920
April 2011 to June 2013

NATO Task Force on Integrative Medicine Technical Team HFM-195
Integrative Medicine Consultant El Paso, TX 79920
March 2010 to March 2017

The Office of the Army Surgeon General
Pain Management Task Force Washington, D.C.
March 2010 to Present
Physical Medicine and Rehabilitation/Integrative Medicine Consultant

Defense Center of Excellence in Psychological Health and TBI
Implementation of Integrative Medicine in Afghanistan and Iraq
Theaters of Operation for the Treatment of Traumatic Brain Injury (TBI) Task Force
Arlington, VA
May 2009 to Sept 2009
Integrative Medicine Consultant

William Beaumont Army Medical Center
Chief, Physical Medicine and Integrative Care Services El Paso, TX 79920
January 2009 to April 2011

Multinational Force and Observers
Force Surgeon Sinai, Egypt
December 2007- December 2008

William Beaumont Army Medical Center
IRB Board Member El Paso, TX 79920
December 2006 to November 2007

William Beaumont Army Medical Center
Director, Medical Student Medical Education El Paso, TX 79920
August 2006 to November 2007

William Beaumont Army Medical Center
Medical Director, IPAP Phase 2 Physician Assistant Program El Paso, TX 79920
September 2006 to July 2007

William Beaumont Army Medical Center
Medical Director, Medical Education Simulation Center El Paso, TX 79920
February 2007 to July 2007

William Beaumont Army Medical Center
Director, The Center for Integrative Medicine El Paso, TX 79920
November 2003 to December 2007
~A Department of Defense First~

William Beaumont Army Medical Center
Chief, Physical Medicine and Rehabilitation Services El Paso, TX 79920
June 2003 to December 2007

William Beaumont Army Medical Center
TRICARE ONLINE Champion El Paso, TX 79920
August 2002 to July 2003

William Beaumont Army Medical Center
Assistant Chief, Physical Medicine and Rehabilitation Service El Paso, TX 79920
July 2000 to June 2003

Walter Reed Army Medical Center
Physical Medicine and Rehabilitation Service Residency
Residency Instructor Washington, DC
July 1999 to June 2000
Medical Student Rotation Director

Walter Reed Army Medical Center
Staff Physiatrist Washington, DC
July 1999 to June 2000

William Beaumont Army Medical Center Deputy Commander Special Projects Region 7 Persian Gulf Illness Evaluations	El Paso, TX January 1995 to June 1996
US Army 2nd Infantry Division, 2nd Brigade Brigade Surgeon	Camp Hovey, Korea APO, AP SF 96244-0608 July 1992 to June 1993
US Army 2nd Infantry Division, 2nd Brigade, 2nd Forward Support Battalion Surgeon	Camp Hovey, Korea APO, AP SF 96244-0608 July 1992 to June 1993
US Army 2nd Infantry Division, Discom, 2nd FSB Commander, Camp Hovey Combined Dispensary	Camp Hovey, Korea APO, AP SF 96244-0608 July 1992 to June 1993

SPECIAL DUTIES

Guest Editor, Medical Acupuncture Special NATO edition, Integrative Medicine Interventions for Military Personnel	El Paso, TX April 2014 to October 2015
Chairman, Source Selection Evaluation Board	Ft Sam Houston, TX Apr- Jul 2015
Chairman, NATO Human Factors and Medicine-195 Task Force on Integrative Medicine	Sept 2013- March 2017
Department of the Army Principal Representative, Joint Incentive Fund, Acupuncture Training across Clinical Settings (ATACS)	Washington DC May 2013 to March 2018
U.S. Department of Defense Representative to NATO Task Force on Integrative Medicine	Mar 2010- March 2017
Director, In Country Medical and Motorcade Support for President George W. Bush World Economic Forum	Sinai, Egypt 16-17 May 2008
Director, In Country Medical and Motorcade Support for President George W. Bush	Sinai, Egypt 16 Jan 2008

TEACHING APPOINTMENTS

Associate Professor, Texas Tech Department of Orthopedics	Oct 2003-February 2019
Associate Professor, Uniformed Services University Health Sciences Department of Neurology	Jul 1999-February 2019
External Graduate Faculty, University of Texas-El Paso Dissertation Committee Member, College of Health Sciences Interdisciplinary Health Sciences	Feb 2010-December 2013

INTERNATIONAL TASK FORCE CHAIRS

NATO Task Force HFM-195 Integrative Medicine Interventions for Military Personnel (2013 - 2017)

COMMITTEE CHAIRS

The Office of the Army Surgeon General Pain Management Working Group, RVU/Coding and Intensive Outpatient Subcommittee Co-Chair (2011- 2014)

William Beaumont Army Medical Center Pain Committee (2006 - 2008)

William Beaumont Army Medical Center, Sole Provider, Co-Chair (2006 - 2007)

Ft Bliss MOS Medical Retention Board, Medical Officer (2003 - 2008)

William Beaumont Army Medical Center Clinical Practice Guidelines (2003 - 2008)

William Beaumont Army Medical Center Multi-Disciplinary Discharge (2003)

Tricare Online Implementation (2002)

TRAINING

University of Arizona, Andrew Weil Center for Integrative Medicine Fellow	Tucson, AZ Aug 2020 - Sept 2022
Walter Reed Army Medical Center Physical Medicine and Rehabilitation Residency	Washington, DC July 1996 - June 1999
William Beaumont Army Medical Center Orthopedic Residency	El Paso, TX July 1993 - January 1995
William Beaumont Army Medical Center Transitional Internship	El Paso, TX July 1991 - June 1992

TRAINING RESEARCH RELATED

Citi Training Human Subjects Research – Nursing, Pharmacy & Allied Health Professionals	Jan 2024 - Jan 2027
Citi Training Human Subjects Research – Essentials for IACUC Members	Dec 2012 – February 2019
Citi Training Human Subjects Research – Essentials for IRB Members	Dec 2006 – February 2019
Citi Training Human Subjects Research – Biomedical Comprehensive	Dec 2003 – February 2019

LICENSE

State of Texas S3597	2019-2027
State of Wisconsin 35103	2003-2027
American Academy of Physical Medicine and Rehabilitation Boards	
Recertification	2020
Recertification	2010
Part II	2000
Part I	1999
Fellow, Integrative Medicine, American Association of Integrative Medicine	2011
Board Certified, Integrative Medicine, American Association of Integrative Medicine	2010
Fellow, American Academy of Physical Medicine and Rehabilitation	2000
National Boards	
Part III	1992
Part II	1991
Part I	1989

CERTIFICATIONS

Scientific Writing for Health Researchers University of Colorado Medical School	Mar 2025
Scientific Writing for Research Grant Proposals University of Colorado Medical School	Mar 2025
Biostatistics Study Design and Analysis for Grant Writing University of Colorado Medical School	Mar 2025
Reign of Pain – Neural Circuit Disorders Michigan State University	Feb 2025
Grant Proposal Plans, Sections, and Resubmission University of Colorado Medical School	Feb 2025
Health Concepts in Chinese Medicine The Hong Kong University of Science and Technology	Dec 2024
Everyday Chinese Medicine The Chinese University of Hong Kong	Dec 2024

LABORATORY CERTIFICATES

SciShield University of Texas – El Paso	
Compressed Gas Cylinder	Jul 2024
Biosafety and Bloodborne Pathogens (Online)	Sept 2024
General Lab Safety (Online)	Sept 2024

INVITED PANELS

Air Force Medical Service Integrative Medicine Working Group

Lackland Air Force Base
San Antonio, TX
April 2016

DoD Acupuncture Consensus Committee

Uniformed Services University of Health Sciences
Bethesda, MD
February 2016

Clinical and Rehabilitative Medicine (CRM) Capabilities-Based Assessment (CBA) Requirements Development Working-Gap Analysis

Tysons Corner, VA
February 2016

Clinical and Rehabilitative Medicine (CRM) Capabilities-Based Assessment (CBA) Requirements Development Working

Arlington, VA
October 2015

Clinical and Rehabilitative Medicine Research Program (CRM RP) Scientific Steering Committee, Neurosensory Research Award Programmatic Review

Ft Detrick, MD
August 2015

Clinical and Rehabilitative Medicine Research Program (CRM RP) Scientific Steering Committee, Neurosensory Research Award Programmatic Review

Ft Detrick, MD
May 2014

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel 6th Meeting, Host

Ft Bliss, Texas
April 2014

Systematic Review of self-managed chronic pain interventions to augment pain management: Are Active, Self-Care CAM/IM Practices Effective for Self-Management of Chronic Pain? A Round Table Discussion

Samueli Institute
Alexandria, VA
June 2013

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel 5th Meeting

Cologne, Germany
April 2013

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel 4th Meeting

Zeist, The Netherlands
October 2012

Clinical and Rehabilitative Medicine Research Program Scientific Steering Committee for Pain Management

Fort Detrick, MD
August 2012

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel 3rd Meeting

Budapest, Hungary
April 2012

International Working Group, AYUSH, Research Committee

Bangalore, India
February 2012

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel 2nd Meeting

Bologna, Italy
October 2011

Combat and Operational Stress and Related Comorbidities: Accelerating Advancements in the Prevention, Recognition and Treatment of TBI and PH Conditions Roundtable

National Intrepid Center of Excellence
Bethesda, MD
Jun 2011

Fort Bliss Strategic Planning Resiliency Workgroup

Fort Bliss, Texas
Apr 2011

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel – Inaugural Meeting

Paris, France
Mar 2011

Department of Defense/National Institute of Health Workshop on Acupuncture for Treatment of Acute Pain- Team Leader

Bethesda, MD
Feb 2011

Department of Defense/USU Consortium for Health and Military Performance High Intensity Training Workshop Invited Attendee

Bethesda, MD
Sept 2010

Panel Expect: Integrative Medicine

Defense Centers of Excellence Warrior Resilience Conference Mega community
Norfolk, VA
Nov 2009

Integrative Medicine Panel Expect

Telemedicine and Advanced Technology Research Center (TATRC) Pain/Integrative Health Strategic Planning Meeting
Frederick, MD

Oct 2009

Complementary and Alternative Medicine in the Military: Panel Expert

North American Research Conference on Complementary and Integrative Medicine
Minneapolis, MN
May 2009

Panel Expert: Integrative Medicine Model: Clinical Applications

Brain at War DCoE
San Francisco, CA
May 2009

Panel Expert: Integrative Medicine Clinic in a Hospital Setting

DHHS/Rand Corporation
Santa Monica, CA
April 2006

LECTURES

The Importance of Grammar in Research: Exploring the aspects of nouns, verbs, prepositional phrases, and other grammatical oddities

College of Health Sciences
University of Texas at El Paso
April 2025

COMT and Pain Sensitivity: Evaluating Research over Time

PT Prime Journal Club
College of Health Sciences
University of Texas at El Paso
March 2025

The Use of Cultural Paradigms to Understand Western Medicine Failures

Ft Bliss Holistic Health and Fitness Symposium
University of Texas at El Paso
May 2023

Integrative Health and Healing: A 4,000-Year Journey

Mountain View Information Management Association Workshop
El Paso Community College El Paso, TX
April 2016

Innovation: How an Enterprise Should Learn

Air Force Medical Service Integrative Medicine Working Meeting
Lackland Air Force Base, San Antonio, TX
April 2016

Integrative Health and Healing in the Military

Military and Veteran Resiliency Medicine Summit
Naval Medical Center San Diego, CA
February 2016

Movement: An experiential journey of meditation

LIGHT Center
El Paso, TX
October 2015

Sound: A New Therapeutic Modality?

LIGHT Center
El Paso, TX
October 2015

Meeting the Challenge: Demonstrating Coordinated Quality Pain Care to our Service Members and Veterans – Part 2: Complementary and Alternative Pain Treatment in the Army

American Academy of Pain Medicine 29th Annual Meeting
Fort Lauderdale, FL
April 2013

Beyond Medications: Military Medicine's Expansion of Pain Management Treatment Options

National RX Drug Abuse Summit
Orlando, FL
Apr 2013

Integrative Health and Healing in the Military: The Treatment of Trauma and New Approaches to Patient Involvement

Veterans, Trauma and Treatment Best Mind-Body Practices: A Professional Conference from Trauma to Resilience
The Omega Institute
Oct 2012

WBAMC IPMC Status

OTSG Pain Working Group
San Antonio, TX
March 2012

US Army and Integrative Medicine

International Conference on Yoga and Naturopathy, 2012
Bangalore, India
February 2012

Integrative Medicine: A Paradigm Shift?

Internal Medicine Grand Rounds
William Beaumont Army Medical Center
November 2011

CAM in the Military?

Primary Care Clinic Lecture Series
Bassett Community Hospital
Ft Wainwright, AK
September 2011

Office of The Surgeon General Comprehensive Pain Management Campaign Plan Acupuncture Demonstration

MEDCOM Training Symposium AUSA
San Antonio, TX
June 2011

On the Edge: Innovations in Research and Procedures. Integrative Medicine as a New World Order

Military Healthcare Conference and Convention
Institute for Defense and Government Advancements
San Antonio, TX
June 2011

New Initiatives in Pain Management

Intern Orientation
William Beaumont Army Medical Center
June 2011

The New Paradigm in Medicine: Or Is It Really?

Intern Orientation
William Beaumont Army Medical Center
June 2011

Pain Management Initiatives: William Beaumont Army Medical Center Grand Rounds

El Paso, Texas
May 2011

Is Integrative Medicine the New World Practice?

1st Inaugural Meeting NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel
NATO
Paris, France
March 2011

Why Alternative Medicine? A New World Practice

116th Annual Meeting
Association of Military Surgeons of the United States
The Society of the Federal Health Agencies
Phoenix, AZ
November 2010

Integrative Approaches to Pain Management in the Military: Clinical and Research Initiatives in Integrative Care for Combat Troops

21st Annual Clinical Meeting
American Academy of Pain Management
Las Vegas, NV
Sept 2010

Skills Training for Stress Management and Resilience: State of the Science and Practice

13th Annual Force Health Protection Conference
Phoenix, AZ
Aug 2010

Complementary and Alternative Medicine Research in the Military

13th Annual Force Health Protection Conference
Phoenix, AZ
Aug 2010

Acupuncture for TBI

William Beaumont Army Medical Center TBI committee
El Paso, TX
Dec 2009

Integrative Health Model

Telemedicine and Advanced Technology Research Center (TATRC) Pain/Integrative Health Strategic Planning Meeting
Frederick, MD
Oct 2009

Mind Body Medicine in the Treatment of Post-traumatic Stress Disorder

10th Annual Force Health Protection Conference
Deployment Health and Behavior Health Tracks
Louisville, KY
August 2007

Introduction to Pain Management

William Beaumont Army Medical Center Newcomer's Orientation,
Ft Bliss, TX
Monthly

Meditation: An Introduction to the Practice

El Paso Fibromyalgia Support Group
El Paso, TX
August 2007

Alternative Medicine: Treatment Options for the Cancer Patient

17th Annual Department of Defense Cancer Registration Training Conference
Washington, D.C.
May 2006

Holistic Pain Management

The Center for Integrative Medicine, WBAMC
El Paso, TX
Sept 2005

Fibromyalgia: What you should ask your doctor

El Paso Fibromyalgia Support Group
El Paso, TX
July 2004, July 2005, July 2006, October 2007

WBAMC Center for Integrative Medicine Briefing

White House Medical Office, Dr Hoffman, Physician to the Vice President,
Washington, D.C.
June 2005

Integrative Medicine: East meets West

3rd Annual Natural Health Symposium
The Center for Integrative Medicine at William Beaumont Army Medical Center
El Paso, TX
November 2005

National Security Agency
Ft Meade, MD
June 2005

The Office of The Surgeon General of the Army, Health Policy
Arlington, VA
June 2005

El Paso Community College Texas Health Information Management Association Chapter
Meeting
El Paso, TX
April 2005

New Initiatives in Military Complementary Medicine
Physical Medicine and Rehabilitation Short Course
Walter Reed Army Medical Center
March 2004

TEACHING

Battlefield Acupuncture Faculty Training

<i>Tripler Army Medical Center/Spark M. Matsunaga VA</i>	Honolulu, HI 17 February 2016
<i>Marine Corps Base Hawaii</i>	Kaneohe Bay, HI 16 February 2016
<i>DoD/VA 4th Pain Management Training Conference</i>	San Diego, CA 7 September 2016

Battlefield Acupuncture Provider Training (number of classes taught, number of students)

<i>William Beaumont Army Medical Center (14, 150)</i>	Ft Bliss, TX 2014-2016
<i>Tripler Army Medical Center (9, 150)</i>	Tripler AMC, HI 18- 19 February 2016
<i>Naval Health Clinic Hawaii (1, 15)</i>	Kaneohe Bay, HI 17 February 2014
<i>DoD/VA 4th Pain Management Training Conference (1, 20)</i>	San Diego, CA 7 September 2014

SYMPOSIA/CONFERENCE DIRECTORSHIP

NATO Technical Team HFM-195 Integrative Medicine Interventions for Military Personnel 6 th Meeting	Ft Bliss, TX 30 April – 2 May 2014
<i>3rd Annual Natural Health Symposium: Cutting Edge Applications and Workshops</i> The Center for Integrative Medicine Embassy Suites	El Paso, TX 2-4 November 2005

<i>1st Comprehensive Pain Management Conference</i> The Center for Integrative Medicine	31 August 2005 – 1 September 2005	El Paso, TX
<i>2nd Annual Integrative Medicine Symposium and Open House</i> The Center for Integrative Medicine		El Paso, TX 5 November 2004
<i>1st Annual Integrative Medicine Symposium</i> The Center for Integrative Medicine		El Paso, TX 14 November 2003

POSTER PRESENTATIONS

Survey of Complementary and Alternative Medicine Services within the Department of Defense: Prevalence, Attitudes, and Beliefs
International Research Congress on Integrative Medicine and Health Conference
Miami, FL
May 2014

The Addition of Chiropractic Manipulative Therapy (CMT) to Standard Medical Care (SMC) may improve outcomes for acute low back pain in Active-Duty Military Personnel
International Research Congress on Integrative Medicine and Health Conference P02.126
Portland, OR
May 2012

A randomized controlled trial of chiropractic manipulative therapy and standard care for Active-duty soldiers with acute back pain: MILCAM feasibility study.
North American Research Conference on Complementary and Alternative Medicine
Minneapolis, MN
May 2009

Suprascapular Neuropathy in a Lateral Decubitus Positioning of a Pregnant Woman: A Case Report
Academy of Academic Physiatrists
San Diego, CA
April 2000

POSTER PRESENTATIONS – ABSTRACT APPROVED

Psychosocial Risk and Protective Factors for Alcohol and Substance Use Risk Among U.S. Military Veterans: A Buffering Model Analysis

2026 Viva La Salud Conference
El Paso, TX
Sept 2026

CLARO - Community Latino/Hispanic Awareness Regarding Opioids-Describing Perceptions of Opioids and Naloxone in the Upper Rio Grande Region

American Society of Health-System Pharmacists
Las Vegas, NV
Dec 2025

GRANTS FUNDED

\$5.4M	Health Executive Council Pain	Acupuncture Training Across Clinical Settings (ATACS)	2013
\$200K	Samueli Institute	Ft Bliss Wellness Fusion Campus Quality Improvement Process	2013
\$438K	Samueli Institute	Spirit Smart Relaxation Response Project	2011
\$132K	Samueli Institute	Survey of CAM Services within the DoD	2011
\$210K	Samueli Institute	MILCAM Study	2007
\$100K	Center for Mind-Body Medicine, Samueli Institute	Healing the Wounds of War	2007
\$111K	Samueli Institute	Monochromatic Shin Splint Study	2005

GRANTS SUBMITTED

Acupuncture for PTSD in Post-Deployment Active-Duty Military
 Center of Excellence for Research in CAM (UC-San Diego, Samueli Institute)
 Study Site - Unfunded

PUBLICATIONS

IF = Impact factor during year of publication; CS = Cite Score during year of publication; Q = quartile ranking; N/A = Not Available

Published, In-Press, or Accepted Manuscripts

Petri, R., Aoyagi, K., Ibarra-Mejía, G. (2026). Complementary and Integrative Health Approaches for Low Back Pain in Veterans: A Narrative Review. *Mil Med*, Online prior to print.
<https://doi.org/10.1093/milmed/usaf641>. IF = 1.1; CS = 2.1; Q3

Niemtzow, R., Baxter, J., Gallagher, R. M., Pock, A., Calabria, K., Drake, D., Galloway, K., Walter, J., **Petri, R.**, Piazza, T., Burns, S., Hofmann, L., Biery, J., & Buckenmaier, C., 3rd. (2018). Building Capacity for Complementary and Integrative Medicine Through a Large, Cross-Agency, Acupuncture Training Program: Lessons Learned from a Military Health System and Veterans Health Administration Joint Initiative Project. *Mil Med*, 183(11-12), e486-e493. <https://doi.org/10.1093/milmed/usy028>. IF = 1.33; CS = 1.3; Q3

Niemtzow, R. C., Burns, S. M., Piazza, T. R., Pock, A. R., Walter, J., **Petri, R.**, Hofmann, L., Wilson, C., Drake, D., Calabria, K., Biery, J., Baxter, J. S., Gallagher, R. M., & Jonas, W. B. (2016). Integrative Medicine in the Department of Defense and the Department of Veterans Affairs: Cautious Steps Forward. *J Altern Complement Med*, 22(3), 171-173. <https://doi.org/10.1089/acm.2016.29002.rcn>. IF = 2.381; CS = 2.9; Q1

Hegy, G., **Petri, R. P., Jr.**, Roberti di Sarsina, P., & Niemtzw, R. C. (2015). Overview of Integrative Medicine Practices and Policies in NATO Participant Countries. *Med Acupunct*, 27(5), 318-327.
<https://doi.org/10.1089/acu.2014.1085>. IF = 0.8; CS = 0.7; Q3

- Jonas WB, Walter J, & **Petri Jr R.** (2015). Integrative Medicine and the Trauma Spectrum Response *Medical Acupunct*, 27(5), 376-383. <https://doi.org/10.1089/acu.2014.1081>. IF = 0.8; CS = 0.7; Q3
- Petri Jr R.** (2015). NATO and Integrative Medicine Guest Editorial. *Medical Acupunct* 2015 27:5, 298-299 <https://doi.org/10.1089/acu.2015.29007.rpp>. IF = 0.8; CS = 0.7; Q3
- Petri Jr R.** (2015). Integrative Medicine Interventions for Military Personnel: Executive Summary NATO STO-TR-HFM-195. *Medical Acupunct*, 27(5), 300. <https://doi.org/10.1089/acu.2015.1124>. IF = 0.8; CS = 0.7; Q3
- Petri Jr R.,** Delgado R, & McConnell K. (2015). Historical and Cultural Perspectives on Integrative Medicine. *Medical Acupunct*, 27(5), 309-317. <https://doi.org/10.1089/acu.2015.1120>. IF = 0.8; CS = 0.7; Q3
- Petri, R. P., Jr.,** & Delgado, R. E. (2015). Integrative Medicine Experience in the U.S. Department of Defense. *Med Acupunct*, 27(5), 328-334. <https://doi.org/10.1089/acu.2014.1067>. IF = 0.8; CS = 0.7; Q3
- Petri Jr R,** Walter J, & Wright J. (2015). Integrative Health and Healing Practices Specifically for Service Members: Self-Care Techniques. *Med Acupunct*, 27(5), 335-343. <https://doi.org/10.1089/acu.2015.1121>. IF = 0.8; CS = 0.7; Q3
- Petri Jr, R.,** Zimmermann, F., Trousselard, M., & Niemtow, R. C. (2015). Current and Future Directions for Integrative Health and Healing: A Summary of the NATO HFM 195 Task Force. *Medical Acupunct*, 27(5), 396-403. <https://www.liebertpub.com/doi/pdf/10.1089/acu.2015.1122>. IF = 0.8; CS = 0.7; Q3
- Petri, R.** (2015). Integrative Health and Healing as the New Health Care Paradigm for the Military. *Medical Acupunct*, 27(5), 301-308. <https://doi.org/10.1089/acu.2014.1068>. IF = 0.8; CS = 0.7 Q3
- Crawford, C., Lee, C., Buckenmaier, C., 3rd, Schoomaker, E., **Petri, R.,** Jonas, W., & Active Self-Care Therapies for Pain Working, G. (2014). The current state of the science for active self-care complementary and integrative medicine therapies in the management of chronic pain symptoms: lessons learned, directions for the future. *Pain Med*, 15 Suppl 1, S104-113. <https://doi.org/10.1111/pme.12406>. IF = 2.32; CS = 4.4; Q1
- Goertz, C. M., Long, C. R., Hondras, M. A., **Petri, R.,** Delgado, R., Lawrence, D. J., Owens, E. F., & Meeker, W. C. (2013). Adding chiropractic manipulative therapy to standard medical care for patients with acute low back pain: results of a pragmatic randomized comparative effectiveness study. *Spine (Phila Pa 1976)*, 38(8), 627-634. <https://doi.org/10.1097/BRS.0b013e31827733e7>. IF = 4.42; CS = 4.7; Q1
- Jones WB (Moderator), Niemtow, R., Helms, J. M., **Petri, R. P.,** Koffman, R. L., Walter, J. A. G., & Burns, S. M. (2011). The Use of Acupuncture in the U.S. Military: Challenges and Opportunities. *Medical Acupuncture*, 23(4), 219-227. <https://doi.org/10.1089/acu.2011.2304>. IF = 4.42; CS = 0.6; Q3
- Petri, R. P., Jr.,** & Aguila, E. (2002). The military upper extremity amputee. *Phys Med Rehabil Clin N Am*, 13(1), 17-43. [https://doi.org/10.1016/s1047-9651\(03\)00070-6](https://doi.org/10.1016/s1047-9651(03)00070-6). IF = 1.1; CS = 2.0; Q3

Authorship as a Member of the Pain Working Group

Pain Medicine Volume 15, Issue S1, April 2014 Are Active Self-Care Complementary and Integrative Therapies Effective for Management of Chronic Pain? A Rapid Evidence Assessment of the Literature and Recommendations for the Field

- Crawford, C., Lee, C., Bingham, J., & Active Self-Care Therapies for Pain Working Group. (2014). Sensory Art Therapies for the Self-Management of Chronic Pain Symptoms. *Pain Medicine*, 15(S1), S66-S75. <https://doi.org/10.1111/pme.12409>. IF = 2.32; CS = 4.4; Q1
- Crawford, C., Lee, C., Freilich, D., & Active Self-Care Therapies for Pain Working Group. (2014). Effectiveness of Active Self-Care Complementary and Integrative Medicine Therapies: Options for the Management of Chronic Pain Symptoms. *Pain Medicine*, 15(S1), S86-S95. <https://doi.org/10.1111/pme.12407>. IF = 2.32; CS = 4.4; Q1

- Crawford, C., Lee, C., May, T., & Active Self-Care Therapies for Pain Working Group. (2014). Physically Oriented Therapies for the Self-Management of Chronic Pain Symptoms. *Pain Medicine*, 15(S1), S54-S65. <https://doi.org/10.1111/pme.12410>. IF = 2.32; CS = 4.4; Q1
- Delgado, R., York, A., Lee, C., Crawford, C., Buckenmaier, C., III, Schoomaker, E., Crawford, P., & Active Self-Care Therapies for Pain Working Group. (2014). Assessing the Quality, Efficacy, and Effectiveness of the Current Evidence Base of Active Self-Care Complementary and Integrative Medicine Therapies for the Management of Chronic Pain: A Rapid Evidence Assessment of the Literature. *Pain Medicine*, 15(S1), S9-S20. <https://doi.org/10.1111/pme.12412>. IF = 2.32; CS = 4.4; Q1
- Lee, C., Crawford, C., Hickey, A., & Active Self-Care Therapies for Pain Working Group. (2014). Mind–Body Therapies for the Self-Management of Chronic Pain Symptoms. *Pain Medicine*, 15(S1), S21-S39. <https://doi.org/10.1111/pme.12383>. IF = 2.32; CS = 4.4; Q1
- Lee, C., Crawford, C., Schoomaker, E., & Active Self-Care Therapies for Pain Working Group. (2014). Movement therapies for the self-management of chronic pain symptoms. *Pain Med*, 15 Suppl 1, S40-53. <https://doi.org/10.1111/pme.12411>. IF = 2.32; CS = 4.4; Q1
- Lee, C., Crawford, C., Swann, S., & Active Self-Care Therapies for Pain Working Group. (2014). Multimodal, Integrative Therapies for the Self-Management of Chronic Pain Symptoms. *Pain Medicine*, 15(S1), S76-S85. <https://doi.org/10.1111/pme.12408>. IF = 2.32; CS = 4.4; Q1
- Lee, C., Crawford, C., Teo, L., Spevak, C., & Active Self-Care Therapies for Pain Working Group. (2014). An Analysis of the Various Chronic Pain Conditions Captured in a Systematic Review of Active Self-Care Complementary and Integrative Medicine Therapies for the Management of Chronic Pain Symptoms. *Pain Medicine*, 15(S1), S96-S103. <https://doi.org/10.1111/pme.12357>. IF = 2.32; CS = 4.4; Q1

Non-Peer-Reviewed Publications

- Bingham, M., Libretto S, Walter J, **Petri R**, & Norby R. (Spring 2011). Research and Clinical Initiatives for Integrated Pain Management Strategies: Transformation to a Model of Patient Centered Care in Department of Defense and Veterans Healthcare Systems *Pain Practitioner*. <https://www.dropbox.com/scl/fi/m89nj1i0hcosrqbrn82u3/Bingham-et-al.-Research-and-clinical-initiatives-for-integrated-pain-management-strategies-Pain-Practitioner-Spring-2021-copy.pdf?rlkey=bxhzsl0xauq0ht6xrvhf9jfyi&st=eqs3515d&dl=0>

NATO STO-TR-HFM-195 Task Force Full Report

- Petri Jr R**, Belard JL, Babouraj N, Bezin L, Büssing A, Friedl K, Hegyi G, Jonas WB, Niemtzwow R, Nogier R, di Sarsina R, Trousselard M, Canini F, Delgado R, Dutheil F, Ferrer MH, LaVillunière N, McConnell K, Petit MP, . . . Wright J. (2015). NATO HFM 195 TF Integrative Medicine Interventions for Military Personnel: Final Report. *NATO STO-TR-HFM*, 195, 1-244. <https://doi.org/10.14339/STO-TR-HFM-195>.

Submitted

- Petri Jr. R.**, Ibarra-Mejía G. Reframing autonomy in Alzheimer's disease: A staged relational framework for decision-making. *Dementia*.

GUEST EDITORSHIPS

Medical Acupuncture, The NATO Human Factors and Medicine Task Force on Integrative Medicine Interventions for Military Personnel
October 2015

JOURNAL REVIEWER

Military Medicine Peer Review	Sept 2024 - Present
Annals of Internal Medicine Manuscript Reviewer	2017
Journal of Evidence-Based Complementary & Alternative Medicine Manuscript Reviewer	2017
Acupuncture in Medicine Manuscript Reviewer	2016
Medical Acupuncture Manuscript Reviewer Peer Review	2015

RESEARCH REVIEWER

William Beaumont Army Medical Center Department of Clinical Investigation Scientific Reviewer	2013-2017
Telemedicine and Advanced Technology Research Center (TATRC) Protocol Reviewer	
National Foundation for Alternative Medicine (NFAM) Protocol Reviewer:	2004

CONTRIBUTING AUTHORSHIPS

Office of the Army Surgeon General MEDCOM Pain Management Task Force Report
Complementary and Integrative Pain Treatment Medicine
April 2010

MEDIA APPEARANCES

“Integrative Medicine at Ft Bliss” KFOX News, El Paso, TX	May 2016
“More Soldiers Turn to Acupuncture to Reduce Painkiller Intake” KFOX News, El Paso, TX	May 2014
“Holistic Health Clinic” Pentagon Channel	March 2010
“The Center for Integrative Medicine” Congress on the Border with Congressman Silvestre Reyes	August 2004

AWARDS

Veteran's Administration Vocational Rehabilitation Scholarship	Aug 2020 – Sept 2023
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The Surgeon General's "A" Proficiency Designator (Top 10% Healthcare Professionals) Professional Excellence in Army Medicine Department of The Army Surgeon General	Sept 2014
Richard A. Kern Lecture Award (Top Professional in US Healthcare) Outstanding Contribution to Federal Healthcare Association of Military Surgeons of the United States	November 2010
Samueli Institute Scholarship Integrative Medicine for Health Care Organizations	May 2007
Order of Military Medical Merit (Top 30% Healthcare Professionals)	February 2006
Outstanding Resident Research Award Walter Reed Army Medical Center, Washington, DC	May 1991
Health Professional Scholarship Program	1988-1991

HONOR SOCIETY

Phi Sigma Pi National Honor Fraternity	2025- Present
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MEDICAL SOCIETY MEMBERSHIPS

Academy of Integrative Health & Medicine
American Academy of Physical Medicine and Rehabilitation
American College of Lifestyle Medicine
American Medical Association
American Public Health Association
Association of Military Surgeons of the United States
Association of The United States Army
International Association for the Study of Pain
United States Association for the Study of Pain

ADVISORY BOARDS

Lotus Integrative Group for Health and Transformation, L.I.G.H.T, El Paso, TX	2012- 2018
External Graduate Faculty, University of Texas-El Paso Dissertation Committee Member, College of Health Sciences Interdisciplinary Health Sciences	2009- 2013
The American Institute of Combat Stress Executive Board,	May 2011-Present
American Association of Integrative Medicine Executive Board	October 2010-2017

Austin School of Massage	September 2006-December 2008
DoD Liaison, National Foundation for Alternative Medicine (NFAM)	May 2006- December 2008
DHHS/Rand Corporation Integrative Medicine Expert Panel Member	April 2006
DOD representative, VA CAM Advisory Group	May 2005-December 2008

COMMUNITY SERVICE

Lotus Integrative Group for Health and Transformation, L.I.G.H.T	2016 – 2018
El Paso Independent School District, Science Fair Judge	2013
El Paso Independent School District, Science Fair Judge	2010
Ysleta Independent School District, Science Fair Judge	2005

ENTREPRENEURIAL

The Institute for Integrative Health and Healing, PLLC Founder, CEO, Medical Consultant/Educator	2019 – Present
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SOCIAL MEDIA AND PROFESSIONAL IDENTIFIERS

Doximity

<https://www.doximity.com/profiles/cc297cdc-8dfd-4fad-a0e7-5e6b2d5cfd91/>

Facebook

<https://www.facebook.com/i2h2.org>

Instagram

<https://www.instagram.com/rpetrijr/>

LinkedIn

<https://www.linkedin.com/in/richard-petri-jr-md-70a47693/>

ORCID

<https://orcid.org/0000-0002-5039-0110>

Research Gate

<https://www.researchgate.net/profile/Richard-Petri>

REFERENCES

Available upon request